

tw: mental health, suicidal, deadnaming, misgendering, self-hate, dark thoughts

struggle

I'm struggling

I know I'm not the one

or the other

I feel not between

or both

I cannot describe it

in a way you would understand

I hate looking in the mirror

seeing this face

not being mine

do you feel similar

I feel like I'm not fitting

but how do I explain it to you

how do I explain a feeling

you don't feel

how should you get me

I tried to understand myself

finding words to describe myself

but there are so many

nothing really fits

do I need these words

can't I just be me

you don't want that

you want words

an explanation

so you can understand me logically

maybe there is no rational logic

why do you wanna understand

I can't

you shouldn't demand it

not understanding doesn't mean

you can't accept me

But you refuse to

you're deadnaming me, misgendering me

and I can't correct you

am too scared of your reaction

I want this struggle to end

no longer get hurt

no longer existing